

# Wild Blueberry and Bergamot Scones

Brought to you by Northern Wildflowers

Prep Time: 10 minutes

Cooking Time: 20 minutes

Servings: 8



## Ingredients

- 3 teaspoons dried **Northern Wildflowers Wild Bergamot**
- 2/3 cup boiling water
- 3 cups all-purpose flour
- 1/3 cup butter, melted
- 1/3 cup brown sugar
- 1 tablespoon cornstarch
- 2-1/2 teaspoons baking soda
- 1/4 teaspoon salt
- 1/2 cup salted (cold) butter, cubed
- 1 egg
- 2/3 cup heavy cream
- 1 teaspoon vanilla extract
- 2 teaspoons icing sugar
- 2/3 cup **Northern Wildflowers Wild Blueberries**
- 1 tablespoon cream or milk

## Instructions

 **Tip:** Fresh-picked leaves and flowers can be dried in the sun, a dehydrator, oven, or microwave.

1. Preheat the oven to 425 °F. Prepare a baking sheet with parchment paper.
2. Add 2 teaspoons of loose-leaf, dried wild bergamot to a tea infuser or loose-leaf teapot. Add 2/3 cup boiling water and steep for 3-5 minutes. Remove the spent bergamot and allow the tea to cool.
3. In a large mixing bowl, add the remaining teaspoon of bergamot, flour, brown sugar, baking soda and salt. Lightly mix the dry ingredients using a fork or your fingers.
4. Cut the butter into the flour mixture, using a fork, a pastry blender or your fingers.
5. Add the egg, cream and vanilla to the cooled tea and whisk to combine. Pour the mixture over dry ingredients and stir until combined. Gently fold in blueberries.
6. Turn the mixture out onto a lightly floured surface. Shape into a disk that is approximately 1 ½ inches thick. Cut into wedges and place on the prepared baking sheet, with the wedges slightly separated. Brush with cream/milk and sprinkle liberally with icing sugar.
7. Bake at 425 °F for 18-20 minutes or until the scones are golden brown.



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Northern Wildflowers is based in Sudbury, Ontario and was founded in 2012. It all started as an experiment in growing varieties that could thrive in Northern gardens and provide habitats for pollinators.

“At Northern Wildflowers, we are dedicated to supporting Canadian gardeners in creating beautiful, sustainable gardens. Our passion lies in providing native wildflower seeds and Canadian vegetable seeds that thrive in Northern climates.”



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